

## Determination of vitamin C from fruits in the vegetation period

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**Abstract** Ascorbic acid (AA) is a powerful antioxidant naturally present in many foods, especially fruits and vegetables, which play an important role in the prevention of infectious diseases. A simple method for the ascorbic acid (Vitamin C) in some fruit type utilizing a titrimetric method with potassium bromide is described. The application of the method to leaves, green fruits and fruits were evaluated.

*Keywords:* titrimetric method, ascorbic acid, fresh fruits, leaves, green fruits.

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